

Fall Prevention Tips

- ✓ Identify and evaluate jobs that expose workers to falls. Implement written policies and practices to prevent falls.
- ✓ Inspect workplace for fall hazards such as unprotected floor openings/edges, shafts, skylights, stairwells, and roof openings/edges.
- ✓ Inspect personal fall arrest equipment for defects before use.
- ✓ Select, wear, and use fall arrest equipment appropriate for the task.
- ✓ Secure and stabilize all ladders before climbing them.



- ✓ Never stand on the top rung/step of a ladder.
- ✓ Use handrails when you go up and down stairs.
- ✓ Practice good housekeeping. Keep electric cords, hoses, tools, etc. out of walkways or adjacent work areas.