

KNIFE SAFETY

Pay Attention to what you are doing.

Keep Blades Sharp.

Store Knives in Safe Holders when not in use; knives should never be left in the sink or in an area where they cannot be seen.



Never Try to Catch a Falling Knife; move out of its path and let it fall.

Use the Appropriate Knife for the specific cutting or boning task.



Only Use Knives for Cutting or Chopping; never use as a screwdriver or as tool to open lids, cans, or other containers.

Use a Cutting Board. Never cut anything by holding it in your hand.

Always Cut at an Angle Away from Your Body.

Always Hold the Knife by its Handle.

Avoid Using Excessive Force when Cutting- never cut anything that requires excessive force such as frozen food.



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