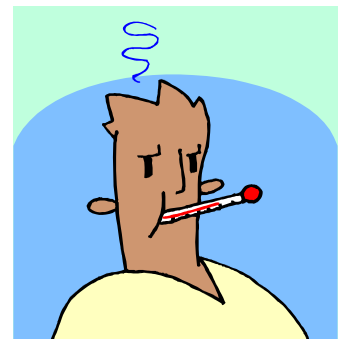# STOP GERMS

If You Cough or Sneeze:

- **Cover nose and mouth with a tissue!**

- **Wash your hands with soap and water or an alcohol-based hand cleaner after sneezing or coughing!**

Maintain a Clean Environment:

- **Throw tissues directly into a waste can!**

- **Wash your hands before you eat and after using the restroom!**

- **Wipe down your phone, computer keyboard and other work areas with alcohol-based hand wipes or other sanitizers!**

Stop Germs and Stop Colds and Flu.

ROCKWOOD

Member Argo Group

Safety Tip # 080
11-15-07