

**If you
have to
travel
this
path**



Consider these first:

- ❑ Remove snow/ice and apply salt!
- ❑ Avoid distractions- walk slowly and deliberately.
- ❑ Use handrails when available.
- ❑ Keep hands free to help with balance.
- ❑ Wear appropriate footwear with good tread.
- ❑ Always avoid icy walkways if you can!

